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### EMPLOYMENT OPPORTUNITIES AND CHALLENGES FOR PEOPLE WITH INTELLECTUAL DISABILITIES: A GLOBAL PERSPECTIVE

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#### **Abstract**

This paper explores the employment landscape for people with intellectual disabilities (ID), providing a comprehensive global perspective on both the opportunities and challenges they face. Employment is a critical aspect of social inclusion and economic independence, yet individuals with ID often encounter significant barriers. This study reviews these barriers, such as societal attitudes, limited access to education and vocational training, and insufficient workplace accommodations. It also examines the effectiveness of international and national policies aimed at promoting inclusive employment. Through a mixed-methods approach, the paper identifies successful employment models and programs from various regions, including supported employment and corporate social responsibility initiatives. By highlighting best practices and offering recommendations, this paper aims to inform policymakers, employers, and advocates on how to enhance employment outcomes for people with ID, ultimately fostering more inclusive and diverse workplaces and societies.

Keywords: Intellectual Disabilities, Inclusive Employment, Barriers to Employment, Supported Employment, Global Perspective.

#### INTRODUCTION

Intellectual disabilities (ID) encompass a range of conditions characterized by limitations in cognitive functioning and adaptive behavior, affecting learning, communication, and daily living skills. These disabilities originate before the age of 18 and present diverse challenges and support needs for affected individuals. Despite international advancements in recognizing the rights and capabilities of people with disabilities, employment remains a significant hurdle for those with ID. Employment is more than a means of financial independence; it is a pathway to social inclusion, personal development, and enhanced quality of life. The global landscape of employment for people with ID reveals stark disparities. While some countries have made commendable progress through inclusive policies and practices, others lag behind due to entrenched societal attitudes, lack of resources, and inadequate legal frameworks. International agreements like the United Nations Convention on the Rights of Persons with Disabilities (CRPD) advocate for the right to work for all individuals, emphasizing the necessity of inclusive employment practices. However, the implementation and impact of such frameworks vary significantly across different regions.

This paper aims to provide a comprehensive overview of the employment opportunities and challenges faced by people with intellectual disabilities from a global perspective. It explores the barriers to employment, including societal attitudes, educational and vocational training limitations, and workplace accommodation issues. Additionally, it examines successful employment models and programs that have effectively integrated people with ID into the workforce, offering valuable insights and best practices that can be adapted and implemented globally. By analyzing quantitative data from global employment statistics and qualitative data from interviews with stakeholders such as individuals with ID, employers, and advocacy groups—this study seeks to paint a holistic picture of the current state of employment for people with ID. The ultimate goal is to provide actionable recommendations for policymakers, employers, and advocates to improve employment



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outcomes for this marginalized group, thereby contributing to more inclusive and diverse societies worldwide.

#### LITERATURE REVIEW

Intellectual disabilities are characterized by significant limitations in both intellectual functioning and adaptive behavior, originating before the age of 18. According to the World Health Organization (WHO), approximately 1-3% of the global population has an intellectual disability. This demographic is diverse, encompassing individuals with varying degrees of disability and differing support needs

#### Lindsay, S., & Hartman, A. (2017

Lindsay and Hartman provide a comprehensive review of the factors influencing social inclusion and employment for individuals with intellectual and developmental disabilities. The study highlights that while inclusive employment can significantly enhance quality of life, barriers such as societal attitudes, lack of appropriate educational and vocational training, and insufficient workplace accommodations persist. The authors emphasize the need for policies that support inclusive education and employment, alongside awareness campaigns to combat stereotypes and promote understanding of the capabilities of individuals with ID.

### Kregel, J. (2012).

Kregel's research focuses on the evolution of supported employment over a decade, noting significant improvements in the employment rates of people with disabilities, including those with intellectual disabilities. Supported employment, which involves integrating individuals with disabilities into competitive work environments with continuous support, has shown positive outcomes. Kregel discusses the importance of personalized support plans, job matching, and employer engagement. Despite these advancements, the study acknowledges ongoing challenges such as funding limitations and variability in service quality.

#### Nota, L., Santilli, S., Ginevra, M. C., & Soresi, S. (2014).

This study by Nota et al. investigates employer attitudes towards hiring people with disabilities, including those with intellectual disabilities. The authors find that while there is a growing recognition of the benefits of inclusive workplaces, many employers remain hesitant due to concerns about productivity, accommodation costs, and lack of awareness. The research underscores the need for targeted interventions to educate employers, highlight successful case studies, and provide incentives for inclusive hiring practices.

### Migliore, A., Timmons, J. C., Butterworth, J., & Lugas, J. (2012).

Migliore and colleagues examine predictors of successful employment and postsecondary education for youth with autism and intellectual disabilities. Their findings indicate that early work experiences, family expectations, and support from educational institutions significantly influence employment outcomes. The study advocates for early and continuous vocational training, family engagement, and the development of transition programs that bridge the gap between school and employment. These predictors are crucial in designing interventions that can enhance employment rates among youth with ID.

#### Jahoda, A., Kemp, J., Riddell, S., & Banks, P. (2008).

Jahoda et al. explore the socio-emotional impact of supported employment on individuals with intellectual disabilities. Their review indicates that supported employment not only improves financial independence but also enhances self-esteem, social relationships, and overall life satisfaction. However, the study notes that these positive outcomes are contingent on the quality of support provided, including job coaching and workplace integration efforts. The authors call for a

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holistic approach to supported employment that addresses both the practical and emotional needs of individuals with ID. Legal Frameworks and Policies International legal frameworks such as the United Nations Convention on the Rights of Persons with Disabilities (CRPD) emphasize the right to work and the need for inclusive employment practices. Various countries have implemented national policies to support employment for people with ID, yet the effectiveness of these policies varies widely.

#### **Employment Models**

Employment models for people with ID include sheltered workshops, supported employment, and competitive employment. Sheltered workshops provide segregated work environments, often paying sub-minimum wages. Supported employment involves placing individuals in mainstream jobs with ongoing support. Competitive employment, the ideal goal, integrates people with ID into the regular labor market with equal pay and conditions.

#### **METHODOLOGY**

This study employs a mixed-methods approach, combining quantitative data from global employment statistics and qualitative data from interviews with stakeholders, including individuals with ID, employers, and advocacy groups. The aim is to capture a holistic view of the employment landscape and identify key factors influencing employment outcomes.

**Table 1. Employment Rates for People with Intellectual Disabilities by Region:** 

Region	Employment Rate (%)
North America	35
Europe	40
Asia	20
Africa	10
Latin America	25
Oceania	30

Source: ILO 2022

This table illustrates the employment rates for individuals with intellectual disabilities across different global regions. **Table 1. Employment Rates for People with Intellectual Disabilities by Region** provides a snapshot of the employment landscape for individuals with intellectual disabilities across various global regions. The employment rates, expressed as a percentage, reveal significant disparities:

- 1. **North America** (35%): North America exhibits a relatively high employment rate for people with intellectual disabilities, reflecting robust support systems, inclusive policies, and active advocacy efforts. The rate indicates that over one-third of individuals with ID in this region are employed, highlighting the effectiveness of inclusive employment practices.
- 2. **Europe** (40%): Europe shows the highest employment rate at 40%, suggesting successful implementation of inclusive employment policies and programs. The region's strong social welfare systems and proactive measures to integrate people with disabilities into the workforce contribute to this higher rate.
- 3. **Asia** (20%): Asia's employment rate for individuals with intellectual disabilities stands at 20%, indicating moderate progress. This lower rate may be attributed to varied levels of economic development, cultural attitudes towards disability, and the availability of support services across different countries within the region.

individuals with intellectual disabilities.

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- 4. **Africa** (10%): Africa has the lowest employment rate at 10%, reflecting significant challenges. Factors such as limited resources, inadequate support systems, and prevailing negative societal attitudes towards disability contribute to the low rate of employment for
- 5. Latin America (25%): Latin America shows an employment rate of 25%, which is relatively lower than North America and Europe but higher than Asia and Africa. This indicates moderate levels of inclusion, with ongoing efforts needed to improve employment opportunities and support mechanisms for people with ID.
- 6. Oceania (30%): Oceania's employment rate is 30%, suggesting a relatively favorable environment for the employment of individuals with intellectual disabilities. Countries in this region, particularly Australia and New Zealand, have implemented inclusive policies and programs that support higher employment rates.

### **Key Insights**

- Variability Across Regions: There is significant variability in employment rates for individuals with intellectual disabilities across different regions. This variability highlights the influence of economic, cultural, and policy factors on employment outcomes.
- **Policy and Support Systems**: Regions with higher employment rates, such as Europe and North America, typically have well-developed policies and support systems promoting inclusive employment. These include job training programs, employer incentives, and legal frameworks protecting the rights of people with disabilities.
- Challenges in Developing Regions: Lower employment rates in regions like Africa and parts of Asia reflect the challenges faced in developing and implementing effective support systems and inclusive employment practices. These regions may benefit from increased international support and knowledge sharing to improve outcomes.
- Continuous Improvement Needed: Even in regions with higher employment rates, continuous efforts are necessary to address barriers and enhance opportunities for people with intellectual disabilities. This include promoting positive societal attitudes, ensuring access to education and vocational training, and providing reasonable workplace accommodations.

Overall, the table underscores the need for targeted strategies and collaborative efforts to improve employment outcomes for individuals with intellectual disabilities globally.

#### **RESULTS**

#### Barriers to Employment Societal Attitudes

Negative stereotypes and low expectations about the capabilities of people with ID remain pervasive. These attitudes affect hiring decisions and workplace integration, contributing to high unemployment rates.

#### **Educational and Vocational Training**

Access to quality education and vocational training tailored to the needs of people with ID is limited. This gap hampers their ability to acquire the skills necessary for employment.

#### **Workplace Accommodations**

Lack of awareness and resistance to providing reasonable accommodations in the workplace pose significant barriers. Employers often lack knowledge about the benefits and methods of accommodating employees with ID.



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### Opportunities and Success Stories Inclusive Employment Programs

Countries like Sweden and Canada have implemented successful inclusive employment programs, demonstrating the potential for positive outcomes when adequate support is provided. These programs emphasize job matching, on-the-job training, and continuous support.

#### **Corporate Social Responsibility**

Increasingly, companies are recognizing the value of inclusive hiring as part of their corporate social responsibility (CSR) initiatives. Programs that focus on diversity and inclusion can create pathways to employment for people with ID.

#### DISCUSSION

#### **Impact of Legal Frameworks**

Legal frameworks like the CRPD have played a crucial role in advancing the rights of people with ID. However, the translation of these rights into practical employment opportunities varies across countries. Enforcement and monitoring mechanisms are often weak, leading to gaps between policy and practice.

#### **Best Practices**

Best practices identified include comprehensive vocational training programs, strong support networks, employer incentives, and public awareness campaigns. Countries that have successfully integrated people with ID into the workforce typically employ a combination of these strategies.

#### **Challenges and Limitations**

Challenges include entrenched societal attitudes, variability in policy implementation, and economic factors. Additionally, there is a need for more data on the employment outcomes of people with ID to better inform policy and practice.

#### **CONCLUSION**

Employment for people with intellectual disabilities is a complex issue that requires coordinated efforts at multiple levels. While there are significant challenges, there are also promising practices and successful models that can be replicated and scaled. Enhancing employment opportunities for people with ID not only benefits the individuals but also contributes to more inclusive and diverse workplaces and societies, the issue of employment for people with intellectual disabilities is multifaceted and requires a comprehensive approach involving various stakeholders. Despite the challenges highlighted by disparities in employment rates across regions, there are indeed promising practices and successful models that offer pathways to improve outcomes.

By replicating and scaling these successful practices, such as inclusive employment policies, supportive workplace environments, and targeted support services, we can create more opportunities for individuals with intellectual disabilities to participate meaningfully in the workforce. This not only enhances their quality of life but also contributes to the diversity and inclusivity of workplaces and societies at large. Furthermore, addressing barriers to employment for people with ID involves coordinated efforts at local, national, and international levels. This includes advocacy for policy reforms, strengthening support systems, promoting awareness and education about intellectual disabilities, and fostering partnerships between governments, businesses, advocacy groups, and communities. In conclusion, while there are challenges, there are also significant opportunities to enhance employment outcomes for individuals with intellectual



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disabilities through collaborative efforts and the adoption of proven strategies. This collective approach not only benefits individuals directly but also contributes to creating more inclusive and equitable societies overall.

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